



PENH HOUSE

PHNOM PENH

SPA MENU

10am - 9pm

MAADS™  HOTELS



Penh House Spa

Restful sanctuary nestled in a green patio at Penh House Hotel. Relaxing Feng Shui atmosphere.

Certified and skilled therapists, versed in both Eastern and Western techniques, will guide you towards a renewed sense of well-being and help with the selection of massages and spa treatments. Inspired by time-honoured Asian wellness traditions.

Experience a true wellness break with the nature-based healing products and tested holistic therapies to provide lasting renewal.

RESERVATIONS

Book at Reception or Call 0

- 🕒 10am - 9pm
- 🌐 www.penhhouse.asia
- ✉ info@penhhouse.asia
- ☎ +855 92 369 074
- 📍 #34A, St. 240, Phnom Penh, Cambodia





Traditional Asian Massages

Traditional Khmer Massage

Feel Reinvigorated

KHR / USD

60 minutes | 147,000 / 35

90 minutes | 189,000 / 45

Discover one of the local wonders with this dry massage inspired by ancient Khmer healing treatments. A rhythmic combination of compressions, stretches, and range of motion techniques. The therapists have the gift of sensing your body's tensions; they will be happy to apply this treatment at your convenience, gently or deeply.

Aroma Relax Massage

Feel Relaxed

60 minutes | 163,800 / 39

90 minutes | 205,800 / 49

From gentle to deeper pressure, the therapists will adapt this relaxing massage to your needs. Here, the pleasant scents of Khmer plants and essences, blended with local coconut oil, work wonders. Enjoy a unique experience in aromatherapy, enhancing relaxation and good mood.

Deep Tissue Massage

Feel Released

60 minutes | 163,800 / 39

90 minutes | 205,800 / 49

This massage releases stress, eases muscle tension, boosts circulation and improves mobility. The specialists will target the areas of concern and working therapeutically into deeper muscle layers, addressing trigger points with gentle pressure and release techniques. Hot stones, warm compresses, or local herbal balm may be used in the treatment, depending on your individual needs.

Rejuvenating Facial

Feel Radiant

60 minutes | 163,800 / 39

Rejuvenate and beautify your skin with a cleansing and a gentle Turmeric exfoliation, then enjoy a soothing coconut massage before a nourishing Aloe Vera mask. Using quality pure products, this facial will provide instant glow, skin rejuvenation and relaxation.



Face and Body Therapies

Anti-Aging

Sculptural Myofascial Massage

KHR / USD

90 minutes | 252,000 / 60

This facial care uses a special technique, also called “non-surgical lifting”, performed by the specialists. In many aspects its effects are similar to the results of a plastic facelift. This procedure allows to tighten the skin, strengthen muscles, smoothen wrinkles and folds on the face and neck.

Facelift

Lymphatic Face Massage

60 minutes | 189,000 / 45

This massage offers a multitude of benefits, including improved metabolism, lymphatic drainage, and enhanced microcirculation, all contributing to stress relief. This treatment also improves skin tone, texture, and overall health. As an anti-aging facial massage, it helps prevent premature wrinkles and is suitable for all ages and skin types.

Lymphatic

Body Massage

60 minutes | 210,000 / 50

Lymphatic drainage is a therapeutic massage treatment. The lymph system is part of your body’s immune system and helps fight infections. The massage uses very light pressure and long, gentle, rhythmic strokes to increase the flow of lymph and reduce toxins in your body. For better results, one treatment per week is recommended.

Anti-Cellulite

Body Massage

60 minutes | 231,000 / 55

The therapists apply strong pressure to specific areas of the body affected by cellulite to achieve a firmer appearance. This deep pressure break down toxins and fat while simultaneously improving blood circulation in the treated areas. For optimal results, two treatments per week are recommended.

Back Correction Massage

Focus Massage

KHR / USD

45 minutes | 189,000 / 45

Corrective massage is different from typical spa massage in its focus on results: freedom from pain and increased motion range. The therapist's goal is to remove blockages, tensions and clamps in the muscles, work with fascia and joints. This creates balance in the body. When the body is well-balanced, it becomes pain-free and stronger.

Holistic Therapies

Focus Restored

60 minutes | 189,000 / 50

90 minutes | 294,000 / 70

120 minutes | 378,000 / 90

Energy Massage (Feel Restored) combines relaxing full-body treatments such as aroma therapy with both hands-on and hands-off healing techniques. The therapists are able to manipulate the natural energies in your body with the intention to create stability and restore emotional, physical, and spiritual well-being.



All prices are net, inclusive of 7% service charge
and 10% government tax

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